

# *the* Connector

October 2001

*A Newsletter for Members of the Professional Business Women's Association*

Vol. 01/Issue 10

## networking notes

**Wednesday, Oct. 3, 2001, 6 to 9 pm**

**October Regular Monthly Membership Meeting**

Special Evening Meeting at Shepherd College

Membership Drive and Showcase Your Business,

Storer Ballroom (above the student center).

Cost for members is \$13.50 • Heavy hors d'oeuvres will be served. An RSVP by Sept. 20th was req'd.

Call Holly at 304-229-3600 for more info.

**Wednesday, Oct. 10, 2001, 12 to 1 pm**

**Martinsburg Lunch Networking Meeting**

Boomtown Inn, Martinsburg

**Thursday, Oct. 18, 2001, 8:30 to 9:30 am**

**Shepherdstown Breakfast Networking Meeting**

The Pharmacy Cafe, German Street, Shepherdstown

**Wednesday, November 7, 2001, 12 to 1:30 pm**

**November Regular Monthly Membership Meeting**

Hoss's, Edwin Miller Blvd., Martinsburg

**Speaker: Renee Ajala Jones, "Color and Effect Personally and Professionally"**

**Wednesday, December 5, 2001, 6 pm**

**December Regular Monthly Membership Meeting**

Clarion Hotel & Conference Center

17 Lowe Dr., Shepherdstown, WV

**Reservations will be required.**

### **PBWA to Co-sponsor Golf Tournament to Help WV Flood Victims**

Volunteers will be needed starting about 10 am until 8 pm October 15th to help with registration, putting out signs, etc. If you can help all or part of the day, please call Donna Reeves at the SBDC 260-4385. Anyone wanting to be part of the PBWA golf team(s) call Chris Lundberg at 260-4382.

### **Thank Goodness I'm Female: TGIF**

As women, we sometimes get so busy caring for family and friends we neglect to take time for ourselves! City Hospital's 'A Woman's Connection' invites you to join them for an evening of relaxation, education and socializing with other women—a time just for you!

Appetizers will be offered prior to and during the programs, with a dessert social immediately following the event.

Topics Include:

The Virtue of Self-Care as A Gift to Others

Hormones & Health

Chinese Acupressure Face Lift

The Final Word on Fitness & Weight Management

Feng Shui: The Chinese Art of Placement

The Stress Cure

Breast Health

Friday, October 5, 2001 6-9 pm

Dorothy A. McCormack Center at the Hospital

Cost: \$15 by Sept. 27; \$20 at the door

Free Childcare for Children 12 and Under

Call 304-264-1283 for More Info and to Pre-register

# PBWA

Professional Business Women's Association

P.O. Box 2586 Martinsburg, WV 25402

**news from the  
SMALL BUSINESS DEVELOPMENT CENTER**

**October is Breast Cancer Awareness Month.**

**Oct. 4 Eastern Panhandle Entrepreneurial Forum  
Holiday Inn, Martinsburg.  
Networking at 5:30 pm, Program at 6:30**

**Oct. 6-7 Annual Yard Sale and School Bazaar  
James Rumsey Technical Institute  
8am to 2pm**

**Oct. 13 Festival Latina 2-7 pm  
War Memorial Park, Martinsburg  
Celebrating Hispanic Heritage Month**

**Oct. 15 Charity Golf Tournament  
Stonebridge Golf Course to help the  
southern WV flood victims. See Article  
on how you can help.**

**Oct. 17 A Labor Odyssey: sponsored by Steptoe &  
Johnson and SBDC. Topics include:  
Americans with Disabilities Act; WV Hate  
Crimes bill; and other employee issues.  
Holiday Inn, Martinsburg. Fee.  
Call SBDC for more info: 260-4385**

**Oct. 19 Small Business Tax Workshop , sponsored  
by the IRS and SBDC, 9am to 10 pm  
Blue Ridge Tech Center, Mtnsbg. \$10  
Registration Required: 260-4385**

**Oct. 27 Annual Town Meeting  
WV Women's Commission  
Lakeview Conference Center, Morgantown  
For More Info Call 304-558-0070**

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**Connecting with *The Connector***

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To have your news items included in the next issue of *The Connector*, enclose them in the body of an e-mail and send by the **tenth of the month** to **Jen Rolston** at **jen@edendesignco.com**.

E-mail is preferred, but you can also mail items to:  
**Rt. 3, Box 63 Kearneysville, WV 25430**

If you have questions, you can contact Jen at **728-2508**.

We appreciate any news you may have—let us know what is going on with you and your business.

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**Management Council**

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PR Committee	229-2413 (f)
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<b>Joyce Garrison</b>	<b>262-9379</b>
Information Committee	262-9120 (f)
<b>Gail Moxley</b>	<b>754-5846</b>
Community Outreach Committee	754-5935 (f)
<b>Holly Taylor-Lemieux</b>	<b>229-3600</b>
Meetings Committee	229-3700 (f)
<b>Pam Watson</b>	<b>264-8135 (p/f)</b>
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